# BLUECARE Save time and money!

## **MEDICAL VISITS**

BlueCare is great for those times when you need to see a doctor but can't find the time, feel too sick to leave the house or are traveling. BlueCare is available 24/7 in all 50 states, costs less than urgent care centers and emergency room visits, and is an easier way to treat routine, nonemergency health conditions like:

- Sinus infections 
  · Fever
- Allergies

• Cold or cough

BLUECARE

- Bladder infections
  - Vomiting, diarrhea

- Flu symptoms
- Rashes
- Pink eve
- You can also use BlueCare to get a prescription or to check in with a doctor. BlueCare doctors can give work or school absence excuses by request.

### **BEHAVIORAL HEALTH VISITS**

Online appointments are available for behavioral health needs, including depression, grief, stress, life transitions, anxiety and more. Simply log in and schedule a visit with a psychology or psychiatry provider who is trained and certified in telehealth care.

## SIGN UP AND TRY BLUECARE TODAY!

GET IT ON Google Play wnload on the App Store

www.BlueCareLA.com





LOWER

COST

HIGHER COST

#### **Primary Care Provider**

A primary care provider can see you for most of your care, from routine checkups to when you get sick or hurt.



#### BlueCare

See a doctor online 24/7 when you have a routine, nonemergency health condition. It saves time, and you don't have to leave home or the office.



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#### **Urgent Care Center**

If you have an illness or injury that is not an emergency but needs to be looked at quickly, these centers have doctors and other providers who can treat you. Most urgent care centers have night and weekend hours, and the providers there can often do X-rays, lab work or stitches.

#### **Emergency Room**

If you have a life-threatening or serious illness or injury, call 911 or go to the nearest emergency room.

# Medical and behavioral health visits available!

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