**BlueCare Sample Employee Email**

***\*Share this copy with your clients to use as an email blast to their employee base.***

**Subject: BlueCare: Get care from anywhere!**

Hello team:

Did you know that you or your family members can receive medical care from home, work, school or wherever you are? Don’t forget that you have access to BlueCare, which lets you see an online provider for your medical and behavioral health needs.

BlueCare is Blue Cross and Blue Shield of Louisiana’s telehealth service. BlueCare is available to members 24/7 for medical visits. You and your family members can see doctors online to treat routine, nonemergency health conditions like fever, colds, cough, stomach bugs or pink eye. You don’t need an appointment for medical visits—just an internet-connected device with a camera.

With BlueCare, you can also schedule appointments with behavioral health providers, who can help with anxiety, depression, stress, grief, coping with life transitions and more. Simply log in to the BlueCare app and schedule a visit with a psychology or psychiatry provider.

BlueCare providers are available in all 50 states. BlueCare providers can give you work or school absence excuses by request, and they can send a prescription to the pharmacy of your choice. You can also use BlueCare to check in with a provider if you need a follow-up visit or when traveling.

To use BlueCare:

* Go to [www.BlueCareLA.com](http://www.BlueCareLA.com) or download the “BlueCare” (one word) app for your Apple or Android smartphone or tablet.
* On your first visit, register and create a member account. Please enter your information exactly as it appears on your member ID card. You will use that info to log in each time you use BlueCare online or with the app.
* Select a provider and connect. All BlueCare providers are U.S.-trained and board-certified.
* Your BlueCare visit cost will depend on your plan type and benefits. You can use any major credit card, and even HSA or FSA cards, to pay for BlueCare. Your card will not be charged until your visit is over.

BlueCare will save you time and money. I hope you’ll find that BlueCare is another great program from Louisiana Blue. For more information about BlueCare, visit [www.lablue.com/bluecare](http://www.lablue.com/bluecare).